



LEHIGH
UNIVERSITY

September 2023

CENTENNIAL K-8 LUNCH MENU

 =  **NEW!** menu item

Lunch Prices:

K-5
Paid: \$2.65

6-12
Paid: \$2.85

Available Daily

Milk:

Skim Chocolate
1% White

Fruit Sides:

Fresh Apple
Fresh Orange

(v) - lacto-ovo
vegetarian
may contain
milk and/or eggs

Menus are subject
to change
without notice.

For more
information, visit:
[https://centennial.
lehigh.edu/parent
s/lunch-program](https://centennial.lehigh.edu/parent/s/lunch-program)

Powering
potential.

	MON	TUES	WED	THURS	FRI
	 28 Chicken Pizza Quesadilla	 29 Chicken Patty Sandwich with BASD Sauce & Sliced Pickles	30 Waffles (v) with or without Sausage	31 Tostitos Scoops with Beef and Cheese	1 Cheese Pizza (v)
	Applesauce Shredded Lettuce Baby Carrots	100% Apple Juice Crinkle Cut Fries Baby Carrots	Mixed Fruit Mixed Vegetable Blend Baby Carrots	100% Grape Juice Cucumbers Baby Carrots	Peaches Baked Beans Baby Carrots
	4 School Closed	5 Chicken Drumstick with a Biscuit	6 French Toast Sticks (v) with or without Sausage	7 Grilled Cheese with Bacon	8 Cheese Pizza (v)
		100% Apple Juice Sweet Golden Corn Baby Carrots	Mixed Fruit Green Beans Baby Carrots	100% Grape Juice Cucumbers Baby Carrots	Pears Baked Beans Baby Carrots
	11 Corn Dog	 12 Popcorn Chicken Parm Flatbread Sandwich	 13 Pancake Bites (v) with or without Sausage	14 Penne with Marinara (v) with Meatballs and a Roll	15 Cheese Pizza (v)
	Applesauce Shredded Lettuce Baby Carrots	100% Apple Juice Sweet Golden Corn Baby Carrots	Mixed Fruit Steamed Broccoli Baby Carrots	100% Grape Juice Cucumbers Baby Carrots	Pears Baked Beans Baby Carrots
	18 Pizza Dippers with Marinara Sauce (v)	19 Chicken & Waffle Sandwich with Syrup	 20 Popcorn Chicken Bacon Ranch Flatbread Sandwich	21 Doritos Nachos with Beef and Cheese	22 Cheese Pizza (v)
	Applesauce Shredded Lettuce Baby Carrots	100% Apple Juice Crinkle Cut Fries Baby Carrots	Mixed Fruit Steamed Carrots Baby Carrots	100% Grape Juice Cucumbers Baby Carrots	Peaches Baked Beans Baby Carrots
	25 Blueberry Muffin, Graham Crackers, Yogurt & String Cheese Lunch Pack	 26 Chicken BBQ Cheddar Flatbread Sandwich	27 Bacon Cheeseburger	28 Mac and Cheese topped with Goldfish Crackers (v)	29 Cheese Pizza (v)
	Apple Slices Grape Tomatoes Baby Carrots	100% Apple Juice Peas Baby Carrots	Mixed Fruit Crinkle Cut Fries Baby Carrots	100% Grape Juice Cucumbers Baby Carrots	Pears Baked Beans Baby Carrots

A meal includes an entrée, fruit and/or vegetable
and choice of milk.

To make a meal, students must select from at least
3 different food groups.
1 item must be a ½ cup of fruit or vegetable.

Meals without a fruit or vegetable,
will be charged a la carte pricing.

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity provider.

