



LEHIGH
UNIVERSITY

September 2023

CENTENNIAL BREAKFAST MENU



= **NEW!** menu item

**Breakfast is
FREE
for all
students!**

**Available
Daily**

Milk:
Skim Chocolate
1% White

(v) - lacto-ovo
vegetarian
may contain
milk and/or eggs

**Menus are subject
to change
without notice.**

For more
information, visit:
[https://centennial.
lehigh.edu/parent
s/lunch-program](https://centennial.lehigh.edu/parents/lunch-program)

Powering
potential.

MON	TUES	WED	THURS	FRI
28 Cocoa Puffs Cereal 100% Grape Juice	29 Oatmeal Chocolate Chip Breakfast Bar Orange	30 Blueberry Muffin with Graham Crackers Apple Slices	31 Mini Cinnamon Rolls Banana	1 Oatmeal Apple Cinnamon Breakfast Round 100% Apple Juice
4 School Closed	5 Mini Cinnamon Cream Cheese Bagel Orange	6 Chocolate Muffin with Graham Crackers Apple Slices	7 Pumpkin Breakfast Bread Banana	8 Trix Cereal Bar with Goldfish Grahams 100% Apple Juice
11 Cinnamon Toast Crunch Cereal 100% Grape Juice	12 Mini Strawberry Cream Cheese Bagel Orange	13 Blueberry Muffin with Graham Crackers Apple Slices	14 Lemon Breakfast Bread Banana	15 Cocoa Puffs Cereal Bar with Goldfish Grahams 100% Apple Juice
18 Trix Cereal 100% Grape Juice	19 French Toast Breakfast Bar Orange	20 Chocolate Muffin with Graham Crackers Apple Slices	21 Apple Frudel Banana	22 Oatmeal Chocolate Chip Breakfast Round 100% Apple Juice
25 Lucky Charms Cereal 100% Grape Juice	26 Cinnamon Raisin Bagel with Cream Cheese Orange	27 Chocolate Muffin with Graham Crackers Apple Slices	28 Blueberry Breakfast Bread Banana	29 Cinnamon Toast Crunch Cereal Bar with Goldfish Graham 100% Apple Juice



A meal includes an entrée, up to two servings of fruit, and choice of milk.

To make a meal, students must select 3 or 4 items.
At least 1 item must be a ½ cup of fruit or a 4 oz fruit juice.

Meals without a fruit, will be charged a la carte pricing.

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STUDENT
NUTRITION

This institution is an equal
opportunity provider.