



September 2022

CENTENNIAL SCHOOL 9-12 LUNCH MENU

Lunch Prices:

K-5

Paid: \$2.65
Reduced: \$0.40

6-12

Paid: \$2.85
Reduced: \$0.40

Available Daily

Milk:

Skim Chocolate
1% White

Fruit Sides:

Fresh Apple
Fresh Orange

(v) - lacto-ovo
vegetarian
may contain
milk and/or eggs

**Menus are subject
to change
without notice.**

For more
information, visit:
[https://centennial.l
ehigh.edu/parents/
lunch-program](https://centennial.l
ehigh.edu/parents/
lunch-program)

	MON	TUES	WED	THURS	FRI
			31 Emoji Waffles (v) with or without Sausage	1 Nachos with Cheese (v) and Chicken	2 Cheese Pizza (v)
			Banana Fresh Broccoli Steamed Carrots	Peaches Cucumbers Baby Carrots	Applesauce Baked Beans Baby Carrots
5 School Closed	6 Grilled Cheese (v) with or without Bacon	7 Chicken & Waffle Sandwich with Syrup	8 Chicken Cheesesteak with or without Buffalo Sauce	9 Cheese Pizza (v)	
	Apple Slices Steamed Broccoli Baby Carrots	Banana Smile Fries Baby Carrots	Peaches Cucumbers Baby Carrots	Pears Baked Beans Baby Carrots 100% Apple Juice	
12 Ham & Cheese Pretzel Melt	13 Corn Dog	14 Rotini with Marinara (v) with Meatballs and a Roll	15 French Toast Sticks (v) with or without Sausage	16 Personal Pizza (v)	
Mixed Fruit Sweet Golden Corn Baby Carrots 100% Apple Juice	Applesauce Baked Beans Baby Carrots	Banana Steamed Broccoli Romaine Lettuce	Peaches Cucumbers Baby Carrots	Pears Celery Baby Carrots 100% Apple Juice	
19 Pizza Dippers with Marinara Sauce (v)	20 Chicken Quesadilla	21 Bacon Cheeseburger	22 Mac and Cheese topped with Goldfish Crackers (v)	23 Personal Pizza (v)	
Raisins Grape Tomatoes Romaine Lettuce 100% Apple Juice	Mixed Fruit Black Beans Baby Carrots	Banana Smile Fries Baby Carrots	Peaches Cucumbers Baby Carrots	Applesauce Peas Baby Carrots 100% Apple Juice	
26 Meatball Sub	27 Chicken Drumstick with a Biscuit	28 Sausage, Egg & Cheese Breakfast Sandwich	29 Doritos Nachos with Beef and Cheese	30 Cheese Pizza (v)	
Mixed Fruit Grape Tomatoes Romaine Lettuce 100% Apple Juice	Apple Slices Sweet Golden Corn Baby Carrots	Banana Fresh Broccoli Steamed Carrots	Peaches Cucumbers Baby Carrots	Applesauce Baked Beans Baby Carrots 100% Apple Juice	

To make a meal, students must select
from at least 3 different food groups.

At least 1 item must be
a ½ cup of fruit or ½ cup of vegetable.

Meals without a fruit or vegetable,
will be charged a la carte pricing.



This institution is an equal
opportunity providers

Powering
potential.