

Bethlehem Area School District  
Centennial Lunch: 9-12

May 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>Chicken Patty Sandwich</b>  Baby Carrots, Grape Tomatoes, Peach Cup	4 <b>Chicken Drumstick with a Biscuit</b>  Smile Fries, Romaine Lettuce, Applesauce	5 <b>CINCO DE MAYO</b> <b>Pork Soft Tacos with Pineapple Salsa</b>  Black Beans, Celery, Pears	6 <b>Mini Pancakes with Syrup* and Sausage</b>  Green Peas, Cucumber Slices, Peaches	7 <b>Cheese Pizza*</b>  Yellow Corn, Romaine Lettuce, 100% Fruit Juice
10 <b>Cheeseburger on a Bun</b>  Baby Carrots, Grape Tomatoes, Peach Cup	11 <b>Toasted Cheddar Flatbread*</b>  Steamed Broccoli, Celery, Applesauce	12 <b>Chicken Nuggets with Fresh Baked Roll</b>  Smile Fries, Romaine Lettuce, Pears	13 <b>Chicken and Waffle Sandwich</b>  Green Peas, Fresh Broccoli, Mixed Fruit	14 <b>Cheese Pizza*</b>  Green Beans, Romaine Lettuce, 100% Fruit Juice
17 <b>Chicken Patty Sandwich</b>  Baby Carrots, Grape Tomatoes, Peach Cup	18 <b>Sausage, Egg and Cheese Bagel</b>  Smile Fries, Cucumber Slices, Applesauce	19 <b>Mozzarella Sticks with Marinara*</b>  Green Peas, Baby Carrots, Pears	20 <b>Mac and Cheese with Popcorn Chicken</b>  Green Beans, Celery, Peaches	21 <b>Cheese Pizza*</b>  Yellow Corn, Romaine Lettuce, 100% Fruit Juice
24 <b>Pizza Sticks with Marinara Sauce*</b>  Baby Carrots, Grape Tomatoes, Peach Cup	25 <b>Corn Dog</b>  Smile Fries, Celery, Applesauce	26 <b>Cheesy Grilled Chicken Sandwich</b>  Steamed Broccoli, Romaine Lettuce, Pears	27 <b>Meatball Sub</b>  Green Peas, Fresh Broccoli, Mixed Fruit	28 <b>Cheese Pizza*</b>  Green Beans, Romaine Lettuce, 100% Fruit Juice
31 <b>School Closed</b>				

**Available Daily**

**Milk:** Skim Chocolate, 1% White

**Sides:** Fresh Apple

Five food groups are offered at lunch: protein, grain, vegetable, fruit and milk. To make a meal, students must select foods from at least 3 different food groups. At least one item must be a ½ cup fruit, ½ cup vegetable or a 4oz fruit juice.

\* = Lacto-Ovo Vegetarian, may contain milk and eggs

