



Look for the following fruits on,
Try New Fruit Tuesday!

Pears
Plums
Peaches
Nectarines & More!

CENTENNIAL BREAKFAST MENU

Breakfast is FREE for all students!

Available Daily

Milk:

Skim Chocolate 1% White

(V) – lacto-ovo vegetarian may contain milk and/or eggs

(WG) – whole grain-rich

Menus are subject to change without notice.

For more information, visit: <https://centennial.lehigh.edu/parents/lunch-program>

Powering potential.

MON	TUES	WED	THURS	FRI
<p>We work with these companies that your family knows & trusts, to serve the highest quality products, formulated specifically for K-12 schools.</p>	<p>¹ Blueberry Muffin with Graham Crackers (V, WG)</p> <p>Apple Slices</p>	<p>² Mini Cinnamon Rolls (V, WG)</p> <p>Banana</p>	<p>³ Fudge Pop-Tart with Goldfish Graham (V, WG)</p> <p>100% Apple Juice</p>	
<p>⁶ Cocoa Puffs Cereal (V, WG)</p> <p>100% Grape Juice</p>	<p>⁷ Crunchmania Cinnamon Buns (V, WG)</p> <p><i>Try New Fruit Tuesday!</i></p>	<p>⁸ Chocolate Muffin with Graham Crackers (V, WG)</p> <p>Apple Slices</p>	<p>⁹ Lemon Breakfast Bread (V, WG)</p> <p>Banana</p>	<p>¹⁰ Trix Cereal Bar with Goldfish Graham (V, WG)</p> <p>100% Apple Juice</p>
<p>¹³ Cinnamon Toast Crunch Cereal (V, WG)</p> <p>100% Grape Juice</p>	<p>¹⁴ Plain Bagel with Cream Cheese (V, WG)</p> <p><i>Try New Fruit Tuesday!</i></p>	<p>¹⁵ Blueberry Muffin with Graham Crackers (V, WG)</p> <p>Apple Slices</p>	<p>¹⁶ Chocolate Chip Breakfast Bar (V, WG)</p> <p>Banana</p>	<p>¹⁷ Cocoa Puff Cereal Bar with Goldfish Graham (V, WG)</p> <p>100% Apple Juice</p>
<p>²⁰ Trix Cereal (V, WG)</p> <p>100% Grape Juice</p>	<p>²¹ French Toast Breakfast Bar (V, WG)</p> <p><i>Try New Fruit Tuesday!</i></p>	<p>²² Chocolate Muffin with Graham Crackers (V, WG)</p> <p>Apple Slices</p>	<p>²³ Apple Frudel (V, WG)</p> <p>Banana</p>	<p>²⁴ Mini Chocolate Covered Donuts (V, WG)</p> <p>100% Apple Juice</p>
<p>²⁷ School Closed</p>	<p>²⁸ Oatmeal Chocolate Chip Breakfast Bar (V, WG)</p> <p><i>Try New Fruit Tuesday!</i></p>	<p>²⁹ Chocolate Muffin with Graham Crackers (V, WG)</p> <p>Apple Slices</p>	<p>³⁰ Blueberry Breakfast Bread (V, WG)</p> <p>Banana</p>	<p>³¹ Cinnamon Toast Crunch Cereal Bar with Goldfish Graham (V, WG)</p> <p>100% Apple Juice</p>



A meal includes an entrée, up to two servings of fruit, and choice of milk.

To make a meal, students must select 3 or 4 items. At least 1 item must be a ½ cup of fruit or a 4 oz fruit juice.

Meals without a fruit, will be charged a la carte pricing.



This institution is an equal opportunity provider.