



March 2023

CENTENNIAL SCHOOL BREAKFAST MENU

<u>Available</u> **Daily**

Milk:

Skim Chocolate 1% White

(v) - lacto-ovo vegetarian may contain milk and/or eggs

Menus are subject to change without notice.

For more information, visit: https://centennial. lehigh.edu/parent s/lunch-program

Powering

| MON | TUES | WED | THURS | FRI |
|---|--|--|---|---|
| A HEALTHY EREAKFAST 3/6 - 3/10 | Don't forget, breakfast meals are <i>FREE</i> ! | Cinnamon Toast Crunch Soft Breakfast Pastry Apple Orange | Chocolate Muffin with Bug Bites Raisins Apple Slices | Trix Cereal Bar with Scooby Snacks Banana 100% Apple Juice |
| Celebrate NSBW 6 by POWERING UP with a bigger bowl of cereal! | 7 Chocolate Chip Oatmeal Breakfast Bar with Animal Crackers | 8 Apple Frudel | 9 Blueberry Muffin with Bug Bites | 10 Cocoa Puffs Cereal Bar with Graham Crackers |
| Cinnamon Toast Crunch Apple 100% Orange Juice | Raisins Applesauce | Apple Orange | Raisins Apple Slices | Banana 100% Apple Juice |
| 13 Trix Cereal | Bagel with Cream Cheese | 15 Mini Cinnamon Rolls | 16 Chocolate Muffin with Bug Bites | 17 Strawberry Pop-Tart with Scooby Snacks |
| Apple 100% Orange Juice | Raisins Applesauce | Apple Orange | Raisins Apple Slices | Banana 100% Apple Juice |
| Lucky Charms Cereal | Banana Muffin with Animal Crackers | Mini Strawberry Cream Cheese Bagels | Chocolate Muffin with Bug Bites Raisins | Cinnamon Toast Crunch Cereal Bar with Graham Crackers |
| Apple 100% Orange Juice | Raisins Applesauce | Apple Orange | Apple Slices | 100% Apple Juice |
| 27 Cocoa Puffs Cereal | 28 Chocolate Chip Oatmeal Breakfast Bar with Animal Crackers | 29 Nutri-Grain Bar with Crackers | 30 Blueberry Muffin with Bug Bites | 31 Fudge Pop-Tart with Graham Crackers |
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choice of milk.



To make a meal, students must select at least 3 items. At least 1 item must be a ½ cup of fruit. Meals without a fruit, will be charged a la carte pricing.

