

Bethlehem Area School District

Centennial Lunch: 9-12

February 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheeseburger on a Bun Baby Carrots, Grape Tomatoes, Berry Cup	2 Ham and Cheese on a Pretzel Green Beans, Celery, Applesauce	3 Chicken Tacos Black Beans, Romaine Lettuce, Pears	4 Chicken Patty Sandwich Green Peas, Baby Carrots, Peaches	5 Personal Pizza* Yellow Corn, Romaine Lettuce, 100% Fruit Juice
8 Corndog Baby Carrots, Smile Fries, Berry Cup	9 Meatball Sub Green Beans, Celery, Applesauce	10 Chicken Nuggets with a Fresh Baked Roll Baked Beans, Romaine Lettuce, Pears	11 Cheese Pizza* Green Peas, Baby Carrots, Mixed Fruit	12 School Closed
15 School Closed	16 Cheeseburger on a Bun Baked Beans, Celery, Applesauce	17 Pizza Sticks with Marinara* Green Peas, Romaine Lettuce, Pears	18 Sausage, Egg and Cheese on a Bagel Green Beans, Baby Carrots, Peaches	19 Cheese Pizza* Yellow Corn, Romaine Lettuce, 100% Fruit Juice
22 Chicken Drumstick with a Biscuit Baby Carrots, Grape Tomatoes, Berry Cup	23 French Toast Sticks with Sausage and Syrup Smile Fries, Celery, Applesauce	24 Cheeseburger on a Bun Baked Beans, Romaine Lettuce, Pears	25 Chicken Patty Sandwich Green Peas, Baby Carrots, Peaches	26 Personal Pizza* Yellow Corn, Romaine Lettuce, 100% Fruit Juice

Available Daily

Milk: Skim Chocolate, 1% White

Sides: Fresh Apple

* = Lacto-Ovo Vegetarian, may contain milk and eggs

Five food groups are offered at lunch: protein, grain, vegetable, fruit and milk. To make a meal, students must select foods from at least 3 different food groups. At least one item must be a ½ cup fruit, ½ cup vegetable or a 4oz fruit juice.



Menus are subject to change without notice.
This institution is an equal opportunity provider.

