



LEHIGH  
UNIVERSITY

December 2023

## CENTENNIAL BREAKFAST MENU

**Breakfast is  
FREE  
for all  
students!**

**Available  
Daily**

**Milk:**  
Skim Chocolate  
1% White

(v) - lacto-ovo  
vegetarian  
may contain  
milk and/or eggs

**Menus are subject  
to change  
without notice.**

For more  
information, visit:  
[https://centennial.  
lehigh.edu/parent  
s/lunch-program](https://centennial.lehigh.edu/parents/lunch-program)

**Powering  
potential.™**

MON	TUES	WED	THURS	FRI
<p>Look for the following fruits on, <i>Try New Fruit Tuesday!</i></p> <p><i>Pears Plums Peaches Nectarines &amp; More!</i></p>	<p>We work with companies that your family knows and trusts, and we serve the highest quality products, formulated specifically for K-12 schools.</p>			<p><b>1</b></p> <p>Oatmeal Chocolate Chip Breakfast Round</p> <p>100% Apple Juice</p>
<p><b>4</b></p> <p>Trix Cereal</p> <p>100% Grape Juice</p>	<p><b>5</b></p> <p>Cinnamon Raisin Bagel with Cream Cheese</p> <p><i>Try New Fruit Tuesday!</i></p>	<p><b>6</b></p> <p>Chocolate Muffin with Graham Crackers</p> <p>Apple Slices</p>	<p><b>7</b></p> <p>Blueberry Breakfast Bread</p> <p>Banana</p>	<p><b>8</b></p> <p>Cinnamon Toast Crunch Cereal Bar with Goldfish Grahams</p> <p>100% Apple Juice</p>
<p><b>11</b></p> <p>Cocoa Puffs Cereal</p> <p>100% Grape Juice</p>	<p><b>12</b></p> <p>Oatmeal Chocolate Chip Breakfast Bar</p> <p><i>Try New Fruit Tuesday!</i></p>	<p><b>13</b></p> <p>Blueberry Muffin with Graham Crackers</p> <p>Apple Slices</p>	<p><b>14</b></p> <p>Mini Cinnamon Rolls</p> <p>Banana</p>	<p><b>15</b></p> <p>Apple Frudel</p> <p>100% Apple Juice</p>
<p><b>18</b></p> <p>Lucky Charms Cereal</p> <p>100% Grape Juice</p>	<p><b>19</b></p> <p>Mini Strawberry Cream Cheese Bagel</p> <p><i>Try New Fruit Tuesday!</i></p>	<p><b>20</b></p> <p>Chocolate Muffin with Graham Crackers</p> <p>Apple Slices</p>	<p><b>21</b></p> <p>Pumpkin Breakfast Bread</p> <p>Banana</p>	<p><b>22</b></p> <p>Trix Cereal Bar with Goldfish Grahams</p> <p>100% Apple Juice</p>
<p><b>25</b></p> <p>School Closed</p>	<p><b>26</b></p> <p>School Closed</p>	<p><b>27</b></p> <p>School Closed</p>	<p><b>28</b></p> <p>School Closed</p>	<p><b>29</b></p> <p>School Closed</p>



A meal includes an entrée, up to two servings of fruit, and choice of milk.

To make a meal, students must select 3 or 4 items.  
At least 1 item must be a ½ cup of fruit or a 4 oz fruit juice.

Meals without a fruit, will be charged a la carte pricing.



This institution is an equal opportunity provider.