

CENTENNIAL:

K-8

LUNCH

JANUARY 2019

EVERYDAY CHOICES

Choice of Milk:

Milk is defined as : Fat Free White, Fat Free Chocolate, Fat Free Strawberry and 1% White

	1 NO SCHOOL	2 NO SCHOOL	3 Chicken Nuggets served w/ Mini Maple Waffles & Syrup Green Peas Romaine Salad Assorted Fresh & Canned Fruit Choice of Milk	4 French Bread Pepperoni Pizza Baked Beans Romaine Salad Assorted Fresh & Canned Fruit 100% Juice Choice of Milk
7 Mac & Cheese with Roll Carrot Snack Pack Spinach Salad Assorted Fresh & Canned Fruit 100% Juice Choice of Milk	8 Corn Dog Baked Beans Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	9 Turkey & Cheese Nachos Served w/ Salsa Steamed Corn Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	10 Chicken Patty Sandwich Red Pepper Strips Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	11 French Bread Cheese Pizza Green Beans Spinach Salad Assorted Fresh & Canned Fruit 100% Juice Choice of Milk
14 Cheesy Stuffed Breadsticks w/ Marinara Sauce Celery Dippers Romaine Salad Assorted Fresh & Canned Fruit 100% Juice Choice of Milk	15 Chicken Nuggets with Roll Steamed Carrots Romaine Salad Assorted Fresh & Canned Fruit Choice of Milk	16 Lasagna Rollup w/ Roll Carrot Snack Pack Romaine Salad Assorted Fresh & Canned Fruit Choice of Milk	17 Twin Turkey Tacos Served w/ Salsa Marinated Chickpeas Romaine Salad Assorted Fresh & Canned Fruit Choice of Milk	18 Mini Personal Cheese Pizza Steamed Corn Romaine Salad Assorted Fresh & Canned Fruit 100% Juice Choice of Milk
21 NO SCHOOL	22 Pepperoni Pizza Pocket Sweet Potato Wedges Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	23 French Toast Sticks with or without Sausage & Syrup Cucumber Slices Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	24 Boneless Chicken Bites with Soft Pretzel Stick Steamed Corn Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	25 French Bread Cheese Pizza Baked Beans Spinach Salad Assorted Fresh & Canned Fruit 100% Juice Choice of Milk
28 Cheese Quesadilla Served w/ Salsa Green Beans Spinach Salad Assorted Fresh & Canned Fruit 100% Juice Choice of Milk	29 Popcorn Chicken With Dinner Roll Baked Beans Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	30 BBQ Chicken Sandwich Carrot Snack Pack Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	31 Meatball Parm Sub Cherry Tomatoes Spinach Salad Assorted Fresh & Canned Fruit Choice of Milk	