

November 2025





Meet Your Nutritious Friend: Scary Cranberry

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Apple Cinnamon Muffin with Graham Crackers	Blueberry Bread	Trix Cereal Bar with Graham Crackers	Cinnamon Toast Bread With Cream Cheese	Blueberry Pop Tarts With Graham Crackers
Pear 100% Apple Juice Choice of Milk	Apple 100% Fruit Punch Choice of Milk	Banana 100% Orange Juice Choice of Milk	Apple Slices 100% Apple Juice Choice of Milk	Apple Slices 100% Grape Juice Choice of Milk
10	11	12	13	14
Bagel with Cream Cheese	Apple Frudel	Cinnamon Toast Crunch Cereal Bar with Graham Crackers	Chocolate Chip Muffin with Graham Crackers	Strawberry Pop Tart with Graham Crackers
Pear 100% Apple Juice Choice of Milk	Apple 100% Fruit Punch Choice of Milk	Banana 100% Orange Juice Choice of Milk	Apple Slices 100% Apple Juice Choice of Milk	Apple Slices 100% Grape Juice Choice of Milk
17	18	19	20	21
Banana Bread	Mini Cinni Bagel	Coco Puff Cereal Bar with Graham Cracker	Blueberry Muffin with Graham Crackers	Cinnamon Pop Tart with Graham Crackers
Pear 100% Apple Juice Choice of Milk	Apple 100% Fruit Punch Choice of Milk	Banana 100% Orange Juice Choice of Milk	Apple Slices 100% Apple Juice Choice of Milk	Apple Slices 100% Grape Juice Choice of Milk
24	25	26	27	28
Chocolate Chip Muffin with Graham Crackers	Blueberry Bread	Golden Grahams Cereal Bar with Graham Crackers	Fall Break	Fall Break
Pear 100% Apple Juice Choice of Milk	Apple 100% Fruit Punch Choice of Milk	Banana 100% Orange Juice Choice of Milk	No School	No School

Your Team

Rose Levan , General Manager 610.861.8135 Ext. 37714 ma1155@metzcorp.com

Meal Prices

Breakfast is free for all students Regardless of eligibility status Explore nutritionals, virtual menus & make payments online at:

http://www.schoolcafe.com/BethlehemASD or scan the School Café QR code to the right.



What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits: Apples, Bananas, Pears, Oranges, Strawberries, Blueberries, Tangerines, Grapefruit, Melon, Canned Fruit in Fruit Juice: Applesauce, Peaches, Pears, Mixed Fruit, Mandarin Oranges, Pineapple, 100% Fruit Juice: Apple, Grape, Fruit Punch, Orange

Choice of Milk

1% white, fat-free white, fat-free chocolate

Work while your children are learning!

Now Hiring

Part-time dining services substitutes with potential for permanent positions

For more information please contact :

Rose Levan rlevan@basdschools.org

or

