## CENTENNIAL: 9-12 LUNCH AUGUST / SEPTEMBER 2017

## **EVERYDAY CHOICES**

Choice of Milk:

Milk is defined as : Fat Free White, Fat Free Chocolate, Fat Free Strawberry and 1% White

		8/30	8/31	9/1
		Chicken & Cheese Quesadilla	Chicken Patty Sandwich	Round Cheese Pizza
		Green Beans	Grape Tomatoes	Three Bean Salad
		Romaine Salad	Romaine Salad	Romaine Salad
		Assorted Fresh &	Assorted Fresh &	Assorted Fresh &
		Canned Fruit	Canned Fruit	Canned Fruit
		Choice of Milk	Choice of Milk	100% Juice Choice of Milk
9/4	9/5	9/6 Corn Dog	9/7	9/8
NO SCHOOL	Popcorn Chicken w/ Roll	Baked Beans	Walking Taco	French Bread Cheese Pizza
NO SCHOOL	Red Pepper Strips	Romaine Salad	Cucumber Slices Romaine Salad	Corn
	Romaine Salad	Assorted Fresh &	Assorted Fresh &	Romaine Salad
	Assorted Fresh &	Canned Fruit	Canned Fruit	Assorted Fresh &
	Canned Fruit	Choice of Milk	Choice of Milk	Canned Fruit
	Choice of Milk			100% Juice
				Choice of Milk
9/11	9/12	9/13	9/14	9/15
Cheese Quesadilla Cold Black Beans	Meatball Sub Carrot Snack Pack	Boneless Wings w/ Dipping Sauce & Roll	Pretzel Burger Celery Sticks	Round Cheese Pizza
Romaine Salad	Romaine Salad	Grape Tomatoes	Romaine Salad	Baked French Fries
Assorted Fresh &	Assorted Fresh &	Romaine Salad	Assorted Fresh &	Romaine Salad
Canned Fruit	Canned Fruit	Assorted Fresh & Canned Fruit	Canned Fruit	Assorted Fresh & Canned Fruit
100% Juice Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	100% Juice
CHOICE OF WILK		C.16.66 G. 11		Choice of Milk
9/18	9/19	9/20	9/21	9/22
Mozzarella Sticks w/ Marinara	Chicken Tenders w/ Dinner Roll	Chicken Parm Sandwich	Chicken & Waffles	French Bread Pepperoni Pizza
Steamed Carrots	Baked Beans	Carrot Snack Pack	Celery Sticks Spinach Salad	Corn
Spinach Salad	Spinach Salad	Spinach Salad	Assorted Fresh &	Spinach Salad
Assorted Fresh &	Assorted Fresh &	Assorted Fresh &	Canned Fruit	Assorted Fresh &
Canned Fruit	Canned Fruit	Canned Fruit	Choice of Milk	Canned Fruit
100% Juice	Choice of Milk	Choice of Milk		100% Juice
Choice of Milk				Choice of Milk
9/25	9/26	9/27	9/28	9/29
Pancakes & Sausage	Grilled Ham & Cheese Sandwich	Chicken Nuggets w/ Dinner Roll	Cheese Ravioli w/ Dinner Roll	French Bread Cheese Pizza
Corn	Baked Beans	Carrot Snack Pack	Carrot Snack Pack	Green Beans
Spinach Salad	Spinach Salad	Spinach Salad	Spinach Salad	Spinach Salad
Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit
100% Juice	Choice of Milk	Choice of Milk	Choice of Milk	100% Juice
Choice of Milk To file a complaint of	f discrimination, write U.S. D	epartment of Agriculture, Dire	ctor, Office of Adjudication a	Choice of Milk