

# CENTENNIAL LUNCH MENU

# OCTOBER 2026



**BETHLEHEM**  
AREA SCHOOL DISTRICT  
DINING SERVICES

**EAT SMART  
BE SMART**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|                                                                                                                   |                                                                                                            |                                                                                                              |                                                                                                                     |                                                                                                                                           |
|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                   |                                                                                                            |                                                                                                              | Chicken Alfredo with Garlic Bread<br>Feature Veggies<br>Steamed Broccoli<br>Garden Chickpea Salad<br>Choice of Milk | Chicken Nuggets with Dinner Roll<br>Feature Veggies<br>Buttered Corn<br>Cucumber Slices<br>Choice of Milk                                 |
| Cheeseburger<br>Feature Veggies<br>Steamed Broccoli<br>Baby Carrots<br>Choice of Milk                             | Chicken and Cheese Quesadilla<br>Feature Veggies<br>Ranchero Carrots<br>Red Pepper Stips<br>Choice of Milk | French Toast Sticks with Turkey Sausage<br>Feature Veggies<br>Tri Tater<br>Cucumber Slices<br>Choice of Milk | Cheese Ravioli with Marinara Sauce<br>Feature Veggies<br>Mixed Vegetables<br>Broccoli Salad<br>Choice of Milk       | Big Daddy's Cheese Pizza<br>Feature Veggies<br>Buttered Corn<br>Celery Sticks<br>Choice of Milk                                           |
| <b>SCHOOL CLOSED</b><br>                                                                                          | Beef Nachos<br>Feature Veggies<br>Steamed Broccoli<br>Baby Carrots<br>Choice of Milk                       | Dutch Waffles with Turkey Sausage<br>Feature Veggies<br>Tri Tater<br>Cucumber Slices<br>Choice of Milk       | Pasta with Meatballs<br>Garlic Bread<br>Feature Veggies<br>Glazed Carrots<br>Broccoli Salad<br>Choice of Milk       | <i>Juice Rush Cups with all lunches</i><br>Big Daddy's Cheese Pizza<br>Feature Veggies<br>Mixed Vegetables<br>Cole Slaw<br>Choice of Milk |
| Pizza Crunchers with Marinara Sauce<br>Feature Veggies<br>BBQ Baked Beans<br>Red Peppers strips<br>Choice of Milk | Chicken Walking Tacos<br>Feature Veggies<br>Buttered Carrots<br>Celery Sticks<br>Choice of Milk            | French Toast Sticks with Turkey Sausage<br>Feature Veggies<br>Tri Tater<br>Cucumber Salad<br>Choice of Milk  | Macaroni and Cheese with Dinner Roll<br>Feature Veggies<br>Steamed Broccoli<br>Caesar Salad<br>Choice of Milk       | Galaxy Cheese Pizza<br>Feature Veggies<br>Buttered Corn<br>Baby Carrots<br>Choice of Milk                                                 |
| Chicken Tenders with Goldfish Crackers<br>Feature Veggies<br>Smiley Fries<br>Baby Carrots<br>Choice of Milk       | Beef Walking Tacos<br>Feature Veggies<br>Seasoned Black Beans<br>Grape Tomatoes<br>Choice of Milk          | Mini Waffles with Turkey Sausage<br>Feature Veggies<br>Tri Tater<br>Broccoli Salad<br>Choice of Milk         | Baked Ziti with Garlic Bread<br>Feature Veggies<br>Buttered Carrots<br>Caesar Salad<br>Choice of Milk               | <i>Cookie served with lunch</i><br>Cheeseburger on WG Bun<br>Feature Veggies<br>Buttered Corn<br>Cole Slaw<br>Choice of Milk              |

## Your Dining Services Team

Rose Levan  
General Manager  
(610) 861.8135 ext.37714  
rose.levan@metzcorp.com



## Lunch Prices

Student \$2.65  
Adult \$4.85

## MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:  
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

## Fruit & Veggie Selection

**Choice of Vegetable**  
Hot Vegetable, Leafy Salad, Composed Bean Salad, Seasonal Fresh Vegetables  
**Choice of Fruit**  
Seasonal Fresh Fruits, Canned Fruits in Light Syrup

Students may choose two ½ cup servings.

## Milk Selection

1% White Milk  
Skim Milk  
Fat Free Chocolate Milk

## Now Hiring

Part-time dining service substitutes with potential for permanent positions.

For more information please contact Rose Levan at 610.861.8135 Ext. 37714 or

[rlavan@basdschools.org](mailto:rlavan@basdschools.org)



**Metz**  
CULINARY MANAGEMENT  
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

# CENTENNIAL BREAKFAST MENU

## OCTOBER 2026



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DINING SERVICES

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BE SMART**



MONDAY

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|                                                                                                   |                                                                                                 |                                                                                                               |                                                                                                  |                                                                                                              |
|---------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
|                                                                                                   |                                                                                                 |                                                                                                               | 1<br>Banana Bread<br>Oranges<br>100% Fruit Punch<br>Choice of Milk                               | 2<br>Trix Cereal<br>with Graham Crackers<br>Apple Slices<br>100% Apple Juice<br>Choice of Milk               |
| 5<br>Blueberry Muffin<br>with Graham Crackers<br>Pear<br>100% Apple Juice<br>Choice of Milk       | 6<br>Strawberry Mini Bagel<br>with Cream Cheese<br>Apple<br>100% Fruit Punch<br>Choice of Milk  | 7<br>Vanilla Yogurt<br>w/ Goldfish Grahams<br>Banana<br>100% Sunrise Blend Juice<br>Choice of Milk            | 8<br>Cinnamon Pop Tart<br>with Graham Crackers<br>Oranges<br>100% Fruit Punch<br>Choice of Milk  | 9<br>Lucky Charms Cereal<br>with Graham Crackers<br>Apple Slices<br>100% Apple Juice<br>Choice of Milk       |
| 12<br><b>SCHOOL<br/>CLOSED</b><br>                                                                | 13<br>WG Bagel<br>with Cream Cheese<br>Apple<br>100% Fruit Punch<br>Choice of Milk              | 14<br>Strawberry Pop Tart<br>with Graham Crackers<br>Banana<br>100% Sunrise Blend Juice<br>Choice of Milk     | 15<br>Vanilla Yogurt<br>w/ Goldfish Grahams<br>Oranges<br>100% Fruit Punch<br>Choice of Milk     | 16<br>Cinn Toast Crunch Cereal<br>with Graham Crackers<br>Apple Slices<br>100% Apple Juice<br>Choice of Milk |
| 19<br>Banana Muffin<br>with Graham Crackers<br>Pear<br>100% Apple Juice<br>Choice of Milk         | 20<br>Strawberry Mini Bagel<br>with Cream Cheese<br>Apple<br>100% Fruit Punch<br>Choice of Milk | 21<br>Golden Grahams Cereal<br>Bar w/ Graham Crackers<br>Banana<br>100% Sunrise Blend Juice<br>Choice of Milk | 22<br>Cinnamon Pop Tart<br>with Graham Crackers<br>Oranges<br>100% Fruit Punch<br>Choice of Milk | 23<br>Lucky Charms Cereal<br>with Graham Crackers<br>Apple Slices<br>100% Apple Juice<br>Choice of Milk      |
| 26<br>Chocolate Chip Muffin<br>with Graham Crackers<br>Pear<br>100% Apple Juice<br>Choice of Milk | 27<br>Mini Cinni Bagel<br>with Cream Cheese<br>Apple<br>100% Fruit Punch<br>Choice of Milk      | 28<br>Strawberry Yogurt<br>w/ Goldfish Grahams<br>Banana<br>100% Sunrise Blend Juice<br>Choice of Milk        | 29<br>Blueberry Bread<br>Oranges<br>100% Fruit Punch<br>Choice of Milk                           | 30<br>Cocoa Puffs Cereal<br>with Graham Crackers<br>Apple Slices<br>100% Apple Juice<br>Choice of Milk       |

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