



AUGUST 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26 Blueberry Pop Tart with Graham Crackers Banana 100% Orange Juice Choice of Milk	27 Banana Bread Oranges 100% Fruit Punch Choice of Milk	28 Trix Cereal with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
31 Blueberry Muffin with Graham Crackers Pear 100% Apple Juice Choice of Milk				

Your Dining Services Team

Rose Levan
 General Manager
 (610) 861.8135 ext.37714
rose.levan@metzcorp.com



Breakfast Prices
 Student \$0.00

MAKE IT A MEAL!

Choose at least 3 of 4 meal components
 for the school breakfast price:
 Whole Grain, Meat/Meat Alternative,
 Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or
 vegetable must accompany a breakfast.

Milk Selection

1% White Milk
 Skim Milk
 Fat Free Chocolate Milk

Available Daily
Fruit Selection

Seasonal Fresh Fruits:
 Apples, Bananas, Pears, Oranges,
 Strawberries, Blueberries, Tangerines,
 Grapes, Melons

Canned Fruits in light Syrup:

Mixed Fruit, Peaches, Pears,
 Applesauce, Apple Slices, Pineapple,
 Mandarin Oranges
100% Juice: Apple, Grape, Orange, Fruit
 Punch

Now Hiring

Part-time dining service
 substitutes with potential for
 permanent positions.

For more information
 please contact Rose Levan
 at
 610.861.81354 Ext. 37714
 or
rlevan@basdschools.org



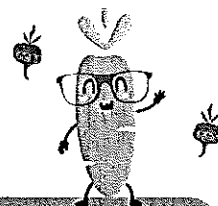
Metz
 CULINARY MANAGEMENT
 ENVIRONMENTAL SERVICES

AUGUST 2026



BETHLEHEM
AREA SCHOOL DISTRICT
DINING SERVICES

EAT SMART
BE SMART



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26 Mini Pancakes with Turkey Sausage Feature Veggies Tri Tater Celery Sticks Choice of Milk	27 Chicken Alfredo with Broccoli Feature Veggies Steamed Broccoli Garden Chickpea Salad Choice of Milk	28 Chicken Nuggets with Dinner Roll Feature Veggies Buttered Corn Cucumber Slices Choice of Milk
31 Cheeseburger Feature Veggies Steamed Broccoli Baby Carrots Choice of Milk				

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Lunch Prices
Student \$2.85

MAKE IT A MEAL!

Choose at least 3 of 5 meal components
for the school lunch price:
Meat/Meat Alternative, Whole Grain,
Fruit, Vegetable, Milk

A minimum 1/2 cup serving of fruit or
vegetable must accompany a lunch.

Fruit & Veggie Selection

Choice of Vegetable
Hot Vegetable, Leafy Salad, Composed Bean
Salad, Season Fresh Vegetables

Choice of Fruit
Seasonal Fresh Fruits,
Canned Fruits in Light Syrup

Students may choose two 1/2 cup
servings.

Milk Selection

1% White Milk Skim Milk
Fat Free Chocolate Milk

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permanent positions.

Menu subject to change due to product availability. This institution is an equal opportunity provider.



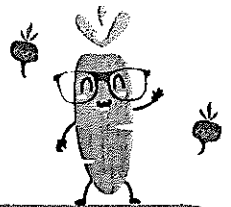
Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

SEPTEMBER 2026



BETHLEHEM
AREA SCHOOL DISTRICT
DINING SERVICES

EAT SMART
BE SMART



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken and Cheese ¹ Quesadilla Feature Veggies Ranchero Carrots Red Pepper Stips Choice of Milk	French Toast Sticks ² with Turkey Sausage Feature Veggies Tri Tater Tots Cucumber Slices Choice of Milk	Cheese Ravioli with ³ Marinara Sauce Feature Veggies Mixed Vegetables Broccoli Salad Choice of Milk	Big Daddy's Cheese ⁴ Pizza Feature Veggies Buttered Corn Celery Sticks Choice of Milk
SCHOOL CLOSED ⁷ 	Beef Nachos ⁸ Feature Veggies Steamed Broccoli Baby Carrots Choice of Milk	Dutch Waffles with ⁹ Turkey Sausage Feature Veggies Tri Tater Tots Cucumber Slices Choice of Milk	Pasta with Meatballs ¹⁰ Garlic Bread Feature Veggies Glazed Carrots Broccoli Salad Choice of Milk	Big Daddy's Cheese ¹¹ Pizza Feature Veggies Mixed Vegetables Cole Slaw Choice of Milk
Pizza Crunchers ¹⁴ with Marinara Sauce Feature Veggies BBQ Baked Beans Red Peppers strips Choice of Milk	Chicken Walking Tacos ¹⁵ Feature Veggies Buttered Carrots Celery Sticks Choice of Milk	French Toast Sticks ¹⁶ with Turkey Sausage Feature Veggies Tri Tater Tots Cucumber Salad Choice of Milk	Macaroni and Cheese ¹⁷ with Dinner Roll Feature Veggies Steamed Broccoli Caesar Salad Choice of Milk	Galaxy Cheese ¹⁸ Pizza Feature Veggies Buttered Corn Baby Carrots Choice of Milk
Chicken Tenders ²¹ with Goldfish Crackers Feature Veggies Smiley Fries Baby Carrots Choice of Milk	Beef Walking Tacos ²² Feature Veggies Seasoned Black Beans Grape Tomatoes Choice of Milk	Mini Waffles ²³ with Turkey Sausage Feature Veggies Tri Tater Tots Broccoli Salad Choice of Milk	Baked Ziti with ²⁴ Garlic Bread Feature Veggies Buttered Carrots Caesar Salad Choice of Milk	Cheeseburger ²⁵ on WG Bun Feature Veggies Buttered Corn Cole Slaw Choice of Milk
Hot Dog on WG Roll ²⁸ Feature Veggies Baked Fries Baby Carrots Choice of Milk	Chicken Nachos ²⁹ Feature Veggies Mixed Vegetables Garden Salad Choice of Milk	Mini Pancakes ³⁰ with Turkey Sausage Feature Veggies Tri Tater Tots Celery Sticks Choice of Milk		

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Lunch Prices
Student \$2.65

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum 1/4 cup serving of fruit or vegetable must accompany a lunch.

Fruit & Veggie Selection

Choice of Vegetable
Hot Vegetable, Leafy Salad, Composed Bean Salad, Seasonal Fresh Vegetables

Choice of Fruit
Seasonal Fresh Fruits, Canned Fruits in Light Syrup
Students may choose two 1/2 cup servings.

Milk Selection

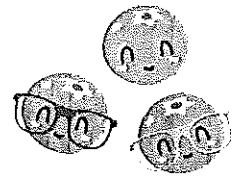
1% White Milk
Skim Milk
Fat Free Chocolate Milk

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SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Strawberry Mini Bagel ¹ with Cream Cheese Apple 100% Fruit Punch Choice of Milk	Vanilla Yogurt ² w/ Goldfish Grahams Banana 100% Orange Juice Choice of Milk	Cinnamon Pop Tart ³ w/ Graham Crackers Oranges 100% Fruit Punch Choice of Milk	Lucky Charms Cereal ⁴ with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
SCHOOL CLOSED ⁷ 	WG Bagel with ⁸ Cream Cheese Apple 100% Fruit Punch Choice of Milk	Strawberry Pop Tart ⁹ with Graham Crackers Banana 100% Orange Juice Choice of Milk	Vanilla Yogurt ¹⁰ w/ Goldfish Grahams Oranges 100% Fruit Punch Choice of Milk	Cinn Toast Crunch ¹¹ Cereal with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
Banana Muffin ¹⁴ with Graham Crackers Pear 100% Apple Juice Choice of Milk	Strawberry Mini Bagel ¹⁵ with Cream Cheese Apple 100% Fruit Punch Choice of Milk	Golden Grahams Cereal ¹⁶ Bar w/ Graham Crackers Banana 100% Orange Juice Choice of Milk	Cinnamon Pop Tart ¹⁷ with Graham Crackers Oranges 100% Fruit Punch Choice of Milk	Lucky Charms Cereal ¹⁸ with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
Chocolate Chip Muffin ²¹ with Graham Crackers Pear 100% Apple Juice Choice of Milk	Mini Cinni Bagel ²² with Cream Cheese Apple 100% Fruit Punch Choice of Milk	Strawberry Yogurt ²³ w/ Goldfish Grahams Banana 100% Orange Juice Choice of Milk	Blueberry Bread ²⁴ Oranges 100% Fruit Punch Choice of Milk	Cocoa Puffs Cereal ²⁵ with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
Apple Cinnamon Muffin ²⁸ with Graham Crackers Pear 100% Apple Juice Choice of Milk	Whole Grain Bagel ²⁹ with Cream Cheese Apple 100% Fruit Punch Choice of Milk	Blueberry Pop Tart ³⁰ with Graham Crackers Banana 100% Orange Juice Choice of Milk		

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