



Meet Your Nutritious Friend:
Mr. Oats

Monday	Tuesday	Wednesday	Thursday	Friday
3/2/26 Chocolate Chip Muffin with Graham Crackers Pear 100% Apple Juice Choice of Milk	3/3/26 Mini Strawberry Bagel Apple 100% Fruit Punch Choice of Milk	3/4/26 Golden Grahams Cereal Bar Banana 100% Orange Juice Choice of Milk	3/5/26 WG Bagel with Cream Cheese Apple Slices 100% Apple Juice Choice of Milk	3/6/26 Lucky Charms with Graham Crackers Apple Slices 100% Grape Juice Choice of Milk
3/9/26 Chocolate Chip Muffin with Graham Crackers Pear 100% Apple Juice Choice of Milk	3/10/26 Mini Cinnl Bagel with Cream Cheese Apple 100% Fruit Punch Choice of Milk	3/11/26 Banana Bread Banana 100% Orange Juice Choice of Milk	3/12/26 Strawberry Pop Tart with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk	3/13/26 Coco Puffs Cereal with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
3/16/26 Apple Cinnamon Muffin with Graham Crackers Pear 100% Apple Juice Choice of Milk	3/17/26 Blueberry Bread Apple 100% Fruit Punch Choice of Milk	3/18/26 WG Bagel with Cream Cheese Banana 100% Orange Juice Choice of Milk	3/19/26 Cinnamon Toast Bread with Cream Cheese Oranges 100% Apple Juice Choice of Milk	3/20/26 Froot Loops Cereal with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
3/23/26 Blueberry Muffin with Graham Cracker Pear 100% Apple Juice Choice of Milk	3/24/26 Apple Frudel Apple 100% Fruit Punch Choice of Milk	3/25/26 Trix Cereal Bar with Graham Crackers Banana 100% Orange Juice Choice of Milk	3/26/26 Banana Bread Oranges 100% Apple Juice Choice of Milk	3/27/26 Cheerio with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
3/30/26 Banana Muffin with Graham Crackers Pear 100% Apple Juice Choice of Milk	3/31/26 Strawberry Mini Bagel Apple 100% Fruit Punch Choice of Milk			

What is a Meal ?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A Minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast

Whole Grain Cereals

(Served with Graham Crackers)
Cinnamon Toast Crunch , Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios, Frosted Flakes, Honey Nut Cheerios

Choice of Fruit

Seasonal Fresh Fruits:
Apples, Bananas, Pears, Oranges, Strawberries, Blueberries, Tangerines, Grapefruit, Melons.

Canned Fruits in Fruit Juice:
Applesauce, Peaches, Pears, Mixed Fruit, Mandarin Oranges, Pineapple

100% Fruit Juice
Apple, Grape, Fruit Punch, Orange

Choice of Milk
1% White, Fat -Free White, Fat-Free

Work while your children are learning !

Now Hiring

Part-time dining services substitutes with potential for permanent positions

For more information please contact:

Rose Levan

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OR



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Meal Prices
Breakfast is free for all students regardless of

Explore Nutritionals, virtual menus & make payments online at:
<http://www.schoolcafe.com/BethlehemASD> or scan the School Cafe QR code to the right.





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Monday	Tuesday	Wednesday	Thursday	Friday
3/2/26	3/3/26	3/4/26	3/5/26	3/6/26
Chicken Tenders with Pretzel Stick Feature Veggie Baked Fries Baby Carrots Choice of Fruit Choice of Milk	Turkey Tacos on Soft Shell Tortilla Feature Veggie Mixed Vegetables Cherry Tomatoes Choice of Fruit Choice of Milk	French Toast Sticks with Turkey Sausage Feature Veggie Hash Brown Tri Tater Cole Slaw Choice of Fruit Choice of Milk	Chicken Parmesan Sandwich on WG Bun Feature Veggie Corn Garden Salad Choice of Fruit Choice of Milk	Big Daddy's Cheese Pizza Feature Veggie Baked Beans Creamy Cucumber Salad Choice of Fruit Choice of Milk
3/9/26	3/10/26	3/11/26	3/12/26	3/13/26
Chicken Nuggets with Dinner Roll Feature Veggie Mashed Potatoes Garden Salad Choice of Fruit Choice of Milk	Beef Nacho Grande over Tostitos Feature Veggie Steamed Broccoli Black Beans Choice of Fruit Choice of Milk	Mini Maple Waffles with Turkey Patty Feature Veggie Buttered Corn Cole Slaw Choice of Fruit Choice of Milk	Early Dismissal No Lunch 	Corn Dog with Dinner Roll Feature Veggie Ranchero Carrots Red Pepper Strips Choice of Fruit Choice of Milk
3/16/26	3/17/26	3/18/26	3/19/26	3/20/26
Cheeseburger on WG Bun Feature Veggie Mashed Potatoes Garden Salad Choice of Fruit Choice of Milk	 Chicken and Cheese Quesadilla  Shamrock WG Sugar Cookie Feature Veggie Broccoli with Cheese Sauce Baby Carrots Choice of Fruit Choice of Milk	Blueberry Waffles with Turkey Sausage Feature Veggie Buttered Corn Cucumber Slices Choice of Fruit Choice of Milk	Macaroni and Cheese with Dinner Roll Feature Veggie Glazed Carrots Celery Sticks Choice of Fruit Choice of Milk	Beef Hot Dog on WG Roll Feature Veggie Baked Beans Caesar Salad Choice of Fruit Choice of Milk
3/23/26	3/24/26	3/25/26	3/26/26	3/27/26
Chicken Nuggets with Pretzel Stick Feature Veggie Baked Smiley Fries Baby Carrots Choice of Fruit Choice of Milk	Bacon Cheeseburger on WG Bun Feature Veggie Mixed Vegetables Celery Sticks Choice of Fruit Choice of Milk	Dutch Waffles with Turkey Sausage Feature Veggie Buttered Carrots Cucumber Slices Choice of Fruit Choice of Milk	Chicken Mash Potato Bowl w/ Gravy Feature Veggie Buttered Corn Cole Slaw Choice of Fruit Choice of Milk	Big Daddy's Cheese Pizza Feature Veggie Broccoli w/ Lemon and Parm Garden Chickpea Salad Choice of Fruit Choice of Milk
Chicken Nuggets with Dinner Roll Feature Veggie Buttered Corn Cucumber Slices Choice of Fruit Choice of Milk	Walking Tacos with Cheese Doritos Feature Veggie Mixed Vegetables Cherry Tomatoes Choice of Fruit Choice of Milk			

What is a Meal?

Students must choose at Least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum of 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable
Hot Vegetable, Leafy Salad, Composed bean salad, seasonal fresh vegetable

Choice of Fruit
Seasonal Fresh Fruits: Apples, Bananas, Pears, Oranges, Strawberries, Blueberries, Tangerines, Nectarines, Grapefruit, Melons, Grapes

Canned Fruit:
Applesauce, Peaches, Pears, Mixed Fruit, Mandarin Oranges, Pineapple.

100% Juice:
Apple, Oranges, Grape, Fruit Punch

Choice of Milk
1% white, fat-free white, fat-free

