



## Centennial Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			5/1/25 Banana Bread 100% Fruit Punch Apple Slices Choice of Milk	5/2/25 Assorted Cereal with Goldfish Graham 100% Grape Juice Banana Choice of Milk
5/5/25 Cereal Bar with Scooby Snack 100% Apple Juice Pear Choice of Milk	5/6/25 Blueberry Bread 100% Fruit Punch Apple Sauce Cup Choice of Milk	5/7/25 Strawberry Yogurt with Scooby Snack 100% Apple Juice Pear Choice of Milk	5/8/25 WG Bagel With Cream Cheese 100% Fruit Punch Apple Slices Choice of Milk	5/9/25 Assorted Cereal with Goldfish Graham 100% Grape Juice Banana Choice of Milk
5/12/25 Strawberry Mini Bagel 100% Apple Juice Pear Choice of Milk	5/13/25 Apple Frudel 100% Fruit Punch Apple Sauce Cup Choice of Milk	5/14/25 Vanilla Yogurt with Scooby Snack 100% Apple Juice Pear Choice of Milk	5/15/25 Blueberry Muffin with Scooby Snack 100% Fruit Punch Apple Slices Choice of Milk	5/16/25 Assorted Cereal with Goldfish Graham 100% Grape Juice Banana Choice of Milk
5/19/25 WG Bagel with Cream Cheese 100% Apple Juice Pear Choice of Milk	5/20/25 Mini Filled Bagel with Cinnamon 100% Fruit Punch Apple Sauce Cup Choice of Milk	5/21/25 Strawberry Yogurt with Scooby Snack 100% Apple Juice Pear Choice of Milk	5/22/25 Apple Cinn Muffin with Goldfish Graham 100% Fruit Punch Apple Slices Choice of Milk	5/23/25 Assorted Cereal with Goldfish Graham 100% Grape Juice Banana Choice of Milk
5/26/25 No School Memorial Day 	5/27/25 WG Bagel with Cream Cheese 100% Fruit Punch Apple Sauce Cup Choice of Milk	5/28/25 Vanilla Yogurt with Scooby Snack 100% Apple Juice Pear Choice of Milk	5/29/25 Pop Tart with Goldfish Graham 100% Fruit Juice Apple Slices Choice of Milk	5/30/25 Blueberry Muffin with Scooby Snack 100% Grape Juice Banana Choice of Milk

May 2025

**What is a Breakfast Meal?**  
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein  
Choice of fruit or vegetable (must take at least a 1/2 cup) and  
Choice of Milk  
Choice of Milk - 1% white, fat-free white, chocolate, and  
You must take at least 1/2 cup of fruit or vegetable

**Fruit May Include:**  
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, grape juice and fruit punch), fresh fruit selection including apples, bananas oranges, pears

### Whole Grain Cereal and Cereal Bar Selections

**May Include:**  
Cinnamon Toast Crunch  
Tix  
Cocoa Puffs  
Apple Jacks  
Lucky Charms  
Golden Grahams  
Cheerios

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For more information  
Contact

Rose Levan @ Dining Services  
rlevan@basdschools.org  
or  
610-861-8135 Ext. 37714

Apply on Talent Reef



View Nutritionals and menus on line through the School Caf6 App.

Menu subject to change based on product availability

Student Paid Breakfast - Free Student Reduced Breakfast - Free Adult Breakfast \$ 2.20





## Centennial Lunch Menu

**May 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
			5/1/25 Chicken Patty on a Bun  Feature Vegetable: Buttered Corn Choice of Fruit Choice of Milk	5/2/25 French Bread Pizza  Feature Vegetable: Green Peppers Choice of Fruit Choice Milk
5/5/25 Chicken Parmesan on a Kaiser  Featured Veggies: Buttered Carrots Choice of Fruit Choice of Milk	5/6/25 Walking Tacos with Doritos  Featured Veggies: Mixed Vegetables Choice of Fruit Choice of Milk	5/7/25 Eggo Mini Waffles with Turkey Sausage  Featured Veggies: Buttered Corn Choice of Fruit Choice of Milk	5/8/25 Sweet and Sour Chicken over Brown Rice  Featured Veggies: Steamed Broccoli Choice of Fruit Choice of Milk	5/9/25 Mini Corn Dogs with Dinner Roll  Featured Veggies: Celery Sticks Choice of Fruit Choice of Milk
5/12/25 Chicken Sandwich on a Bun  Featured Veggies: Smiley Fries Choice of Fruit Choice of Milk	5/13/25 Chicken Tacos on Soft Shell Tortilla  Featured Veggies: Buttered Corn Choice of Fruit Choice of Milk	5/14/25 Dutch Waffles with Turkey Sausage  Featured Veggies: Cucumber Slices Choice of Fruit Choice of Milk	5/15/25 Macaroni and Cheese with Dinner Roll  Featured Veggies: Steamed Broccoli Choice of Fruit Choice of Milk	5/16/25 Galaxy Pizza  Featured Veggies: Garden Salad Choice of Fruit Choice of Milk
5/19/25 Chicken Tenders with Dinner Roll  Featured Veggies: Smiley Fries Choice of Fruit Choice of Milk	5/20/25 Italian Hoagie on a Roll  Featured Veggies: Cucumber Slices Choice of Fruit Choice of Milk	5/21/25 French Toast Sticks with Turkey Sausage  Featured Veggies: Buttered Corn Choice of Fruit Choice of Milk	5/22/25 Cheeseburger on a Bun  Featured Veggies: Red Pepper Strips Choice of Fruit Choice of Milk	5/23/25 Big Daddy Cheese Pizza  Featured Veggies: Mixed Vegetables Choice of Fruit Choice of Milk
5/26/25 No School Memorial Day  	5/27/25 Boneless BBQ Wings with Dinner Roll  Featured Veggies: Buttered Corn Choice of Fruit Choice of Milk	5/28/25 Mozzarella Sticks with Marinara  Featured Veggies: Celery Sticks Choice of Fruit Choice of Milk	5/29/25 Cheese Steak on a Roll  Featured Veggies: Crinkle Cut Fries Choice of Fruit Choice of Milk	5/30/25 Big Daddy Cheese Pizza  Featured Veggies: Garden Salad Choice of Fruit Choice of Milk

**What is a Meal**  
You must choose at least 3 of the 5 components available for the school lunch price.  
  
Minimum of 1/2 cup servicing of fruit or a minimum of a 1/2 cup of vegetables must accompany a reimbursable Lunch  
Meat of Meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain Bread  
Choice of Milk - 1% White, and Fat-Free

**Weekly Vegetable Subgroups**  
May Include:  
Dark Green- Spinach, Broccoli, Romaine and Spring Mix.  
Red/ Orange- carrots, sweet potatoes, tomatoes, red peppers  
Beans/ Peas- Green Peas, Black Bean, Garbanzo, Refried Beans, Red Kidney,  
Starchy- white potatoes, corn, and lima beans  
Other Vegetables- celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**  
Oranges, Apples, Banana's, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mixed Fruit Cup, Mandarin Oranges, Plums, Nectarines, Blueberries

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**Student Paid Lunch -\$2.65 Student Reduced Lunch - 0.00 Adult Lunch \$4.05**

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