



Centennial Lunch Menu

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3/3/25	3/4/25	3/5/25	3/6/25	3/7/25
Cheeseburger on a Bun Feature Vegetable: Steamed Broccoli Choice of Fruit Choice of Milk	Chicken Nuggets with Dinner Roll Feature Vegetable: Celery Sticks Choice of Fruit Choice of Milk	Mlni Maple Waffles with Sausage Links Feature Vegetable: Tater Tot Coins Choice of Fruit Choice of Milk	Chicken Patty on a Bun Feature Vegetable: Buttered Corn Choice of Fruit Choice of Milk	French Bread Pizza Feature Vegetable: Green Peppers Choice of Fruit Choice of Milk
3/10/25	3/11/25	3/12/25	3/13/25	3/14/25
Chicken Parmesan on a Kaiser Featured Veggies: Buttered Carrots Choice of Fruit Choice of Milk	Walking Tacos with Doritos Featured Veggies: Black Beans Choice of Fruit Choice of Milk	Cheeseburger on a Bun Featured Veggies: Buttered Corn Choice of Fruit Choice of Milk	Italian Hoagie Featured Veggies: Baby Carrots Choice of Fruit Choice of Milk	Big Daddy Cheese Pizza Featured Veggies: Cucumber Slices Choice of Fruit Choice of Milk
3/17/25	3/18/25	3/19/25	3/20/25	3/21/25
Confetti Pancakes with Turkey Sausage Featured Veggies: Rainbow Vegetable Medley Choice of Fruit Choice of Milk	Chicken Tenders with Dinner Roll Featured Veggies: Buttered Corn Choice of Fruit Choice of Milk	BBQ Chicken Patty on a Bun Featured Veggies: Cucumber Slices Choice of Fruit Choice of Milk	Hot Ham and Cheese on Pretzel Roll Featured Veggies: Steamed Broccoli Choice of Fruit Choice of Milk	Deep Dish Cheese Pizza Featured Veggies: Garden Salad Choice of Fruit Choice of Milk
3/24/25	3/25/25	3/26/25	3/27/25	3/28/25
Chicken Tenders with Dinner Roll Featured Veggies Smiley Fries Choice of Fruit Choice of Milk	Beef Nachos Featured Veggies Mixed Vegetables Choice of Fruit Choice of Milk	French Toast Sticks with Turkey Sausage Featured Veggies Buttered Corn Choice of Fruit Choice of Milk	Macaroni Cheese with Dinner Roll Featured Veggies Baby Carrots Choice of Fruit Choice of Milk	Big Daddy Cheese Pizza Featured Veggies Garden Salad Choice of Fruit Choice of Milk
3/31/25				
Cheese Steak on a Roll Featured Veggies Cucumber Slices Choice of Fruit Choice fo Milk				

What is a Meal
You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup servicing of fruit or a minimum of a 1/2 cup of vegetables must accompany a reimbursable Lunch
Meat of Meat alternate
Choice of Vegetable
Choice of Fruit
Grain Bread
Choice of Milk - 1% White, and Fat-Free

Weekly Vegetable Subgroups
May Include:
Dark Green- Spinach, Broccoli, Romaine and Spring Mix.
Red/ Orange- carrots, sweet potatoes, tomatoes, red peppers
Beans/ Peas- Green Peas, Black Bean, Garbanzo, Refried Beans, Red Kidney,
Starchy- white potatoes, corn, and lima beans
Other Vegetables- celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mixed Fruit Cup, Mandarin Oranges, Plums, Nectarines, Blueberries

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For more information Contact

Rose Levan @ Dining Services
rlevan@basdschools.org
or
610-861-8135 Ext. 37714

Apply on Talent Reef



Student Paid Lunch -\$2.65 Student Reduced Lunch - 0.00 Adult Lunch \$4.05



Centennial Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3/3/25	3/4/25	3/5/25	3/6/25	3/7/25
WG Bagel with Cream Cheese 100% Apple Juice Pear Choice of Milk	Blueberry Muffin with Goldfish Graham 100% Fruit Punch Apple Sauce Cup Choice of Milk	Strawberry Banana Yogurt with Scooby Snacks 100% Apple Juice Pear Choice of Milk	Banana Bread 100% Fruit Punch Apple Slices Choice of Milk	Assorted Cereal with Goldfish Graham 100% Grape Juice Banana Choice of Milk
3/10/25	3/11/25	3/12/25	3/13/25	3/14/25
Cereal Bar 100% Apple Juice Pear Choice of Milk	Blueberry Bread 100% Fruit Punch Apple Sauce Cup Choice of Milk	Strawberry Yogurt with Scooby Snack 100% Apple Juice Pear Choice of Milk	WG Bagel With Cream Cheese 100% Fruit Punch Apple Slices Choice of Milk	Assorted Cereal with Goldfish Graham 100% Grape Juice Banana Choice of Milk
3/17/25	3/18/25	3/19/25	3/20/25	3/21/25
Strawberry Mini Bagel 100% Apple Juice Pear Choice of Milk	Apple Frudel 100% Fruit Punch Apple Sauce Cup Choice of Milk	Vanilla Yogurt with Scooby Snack 100% Apple Juice Pear Choice of Milk	Bagel with Cream Cheese 100% Fruit Punch Apple Slices Choice of Milk	Assorted Cereal with Goldfish Graham 100% Grape Juice Banana Choice of Milk
3/24/25	3/25/25	3/26/25	3/27/25	3/28/25
Banana Muffin with Goldfish Graham 100% Apple Juice Pear Choice of Milk	Mini Filled Bagel with Cinnamon 100% Fruit Punch Apple Sauce Cup Choice of Milk	Strawberry Yogurt with Scooby Snack 100% Apple Juice Pear Choice of Milk	Apple Cinn Muffin with Goldfish Graham 100% Fruit Punch Apple Slices Choice of Milk	Assorted Cereal with Goldfish Graham 100% Grape Juice Banana Choice of Milk
3/31/25				
Banana Muffin with Gold Fish Graham 100% Apple Juice Pear Choice of Milk				

March 2025

What is a Breakfast Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup) **and**
Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, and

You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, grape juice and fruit punch), fresh fruit selection including apples, bananas oranges, pears

Whole Grain Cereal and Cereal Bar Selections

May Include:

Cinnamon Toast Crunch
Tix
Cocoa Puffs
Apple Jacks
Lucky Charms
Golden Grahams
Cheerios

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View Nutritionals and menus on line through the School Café App.

Menu subject to change based on product availability

Student Paid Breakfast - Free Student Reduced Breakfast - Free Adult Breakfast \$ 2.20