



Centennial Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				11/1/24
				Loaded Pierogi with Bacon and Cheddar Featured Veggies: Steamed Broccoli Choice of Fruit Choice of Milk
11/4/25	11/5/25	11/6/25	11/7/25	11/8/25
Meatball Sub on a Roll Featured Veggies: Buttered Carrots Choice of Fruit Choice of Milk	Beef Taco on Soft Shell Tortilla Featured Veggies: Black Bean and Corn Salsa Choice of Fruit Choice of Milk	Creamy Chicken Over a Biscuit Featured Veggies: Baby Carrots Choice of Fruit Choice of Milk	Penne Pasta with Meat Sauce and Garlic Bread Featured Veggies: Steamed Broccoli Choice of Fruit Choice of Milk	French Bread Pizza Featured Veggies: Crinkle Cut Fries Choice of Fruit Choice of Milk
11/11/25	11/12/25	11/13/25	11/14/25	11/15/25
Sloppy Joe on a Bun Featured Veggies: Mixed Vegetables Choice of Fruit Choice of Milk	Popcorn Chicken with Dinner Roll Featured Veggies: Buttered Corn Choice of Fruit Choice of Milk	Pork Sausage Pancake on a Stick Featured Veggies: Smiley Fries Choice of Fruit Choice or Milk	Macaroni and Cheese with Dinner Roll Featured Veggies: Baby Carrots Choice of Fruit Choice of Milk	All Beef Hot Dog on a Roll Featured Veggies: Vegetarian Baked Beans Choice of Fruit Choice of Milk
11/18/25	11/19/25	11/20/25	11/21/25	11/22/25
Chicken Patty on a Bun Featured Veggies: Mixed Vegetables Choice of Fruit Choice of Milk	Chicken Nuggets with Goldfish Crackers Featured Veggies: Sliced Cucumbers Choice of Fruit Choice of Milk	Cheeseburger on a Bun Featured Veggies: Tater Tot Coins Choice of Fruit Choice of Milk	Holiday Meal Oven Roasted Turkey with Gravy Mashed Potatoes Buttered Corn Dinner Roll Featured Veggies: Cranberry Sauce Apple Crisp Choice of Fruit Choice of Milk	Stuffed Crust Pizza Featured Veggies: Steamed Broccoli Choice of Fruit Choice of Milk
11/25/25	11/26/25	11/27/25	11/28/25	11/29/25
Italian Hoagie Featured Veggies: Baby Carrots Apple Slices Choice of Milk	Ham and Cheese Hoagie Featured Veggies: Celery Sticks Banana Choice of Milk	Turkey Hoagie Featured Veggies: Baby Carrots Apple Choice of Milk	No School Fall Break	No School Fall Break

November

What is a Meal

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup servicing of fruit or a minimum of a 1/2 cup of vegetables must accompany a reimbursable Lunch Meat of Meat alternate Choice of Vegetable Choice of Fruit Grain Bread
Choice of Milk - 1% White, and Fat-Free

Weekly Vegetable Subgroups May Include:

Dark Green- Spinach, Broccoli, Romaine and Spring Mix.

Red/ Orange- carrots, sweet potatoes, tomatoes, red peppers Beans/ Peas- Green Peas, Black Bean,

Beans/ Peas- Green Peas, Black Bean, Garbanzo, Refried Beans, Red Kidney , Starchy- white potatoes, corn, and lima beans

Other Vegetables- celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

Oranges, Apples, Banana's, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mixed Fruit Cup, Mandarin Oranges, Plums, Nectarines, Blueberries



View Nutritionals and Menus on line through the School Cafe App.





Centennial Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
并为是不完全				11/1/24
. Depley I was				Banana Chocolate
				Chip Bar
				Apple Slices
				100% Grape Juice
1144				Choice of Milk
11/4/25	11/5/25	11/6/25	11/7/25	11/8/25
Strawberry Mini Filled	Banana Bread	Strawberry Yogurt	WG Bagel	Apple Frudel
Bagel		with Scobby Snack	With Cream Cheese	
100% Grape Juice	100% Apple Juice	100% Apple Juice	100% Fruit Punch	100% Grape Juice
Apple Slices	Banana	Banana	Apple Sauce Cup	Banana
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
11/11/25	11/12/25	11/13/25	11/14/25	11/15/25
Oatmeal Chocolate	Apple Frudel	Vanilla Yogurt	Banana Bread	French Toast
Chip Bar		with Scobby Snack		Oatmeal Bar
100% Grape Juice	100% Fruit Punch	100% Apple Juice	100% Fruit Punch	100% Grape Juice
Apple Slices	Apple Sauce Cup	Banana	Apple Sauce Cup	Banana
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
11/18/25	11/19/25	11/20/25	11/21/25 Apple Cinnamon	11/22/25
Chocolate Muffin	Mini Filled Bagel	Strawberry Yogurt	Muffin	Blueberry Bread
with Goldfish Graham	with Cinnamon	with Scobby Snack	with Goldfish Graham	
100% Grape Juice	100% Fruit Punch	100% Apple Juice	100% Fruit Punch	100% Grape Juice
Apple Slices	Apple Sauce Cup	Banana	Apple Sauce Cup	Banana
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
11/25/25	11/26/25	11/27/25	11/28/25	11/29/25
Pumpkin Bread	Apple Frudel	Strawberry Banana Yogurt	No School	No School
		with Scobby Snack	Fall Break	Fall Break
100% Grape Juice	100% Fruit Punch	100% Apple Juice	10000	ATTORNOON TO
Apple Slices	Apple Sauce Cup	Banana		ALC: N
Choice of Milk	Choice of Milk	Choice of Milk		

Student Paid Breakfast - Free Student Reduced Breakfast - Free Adult Bro

Adult Breakfast \$

This institution is an equal opportunity

November

What is a Breakfast Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fruit or vegetable (must take at least a 1/2 cup) and

Choice of Milk Choice of Milk - 1% white, fat-free white, chocolate,

and
You must take at least 1/2 cup of
fruit or vegetable

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, grape juice and fruit punch), fresh fruit selection including apples, bananas oranges, pears

Whole Grain Cereal and Cereal Bar Selections

May Include:

Cinnamon Toast Crunch Trix Cocoa Puffs Fruity Cheerios Cheerios Fruit Loops

Served with additional Grain



View Nutritionals and menus on line