

Centennial Lunch Menu

LUNCH MENU

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.
 Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meal or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

DAILY ALTERNATES.

Daily Entree Options

3. Pretzel Pack with Yogurt and String Cheese
4. Peanut Butter and Jelly with String Cheese

Lunch Prices
 Student \$2.65
 Reduced - Free
 Adult-\$4.05

Rose Levan
 General Manager
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USDA is an equal opportunity provider and employer.

Menu subject to change based on product availability

Monday 8/26/24	Tuesday 8/27/24	Wednesday 8/28/24	Thursday 8/29/24	Friday 8/30/24
<p>9/2/24 Labor Day NO SCHOOL</p> 	<p>9/3/24 Beef Taco with Soft Shell Tortilla</p> <p>Featured Veggies: Crinkle Cut Fries Baby Carrots Choice of Fruit Choice of Milk</p>	<p>8/28/24 Mini Waffle with Turkey Sausage Link</p> <p>Featured Veggies: Tater Tots Fresh Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>8/29/24 Chicken Tenders with Dinner Roll</p> <p>Featured Veggies: Seasoned Carrots Celery Sticks with Ranch Choice of Fruit Choice of Milk</p>	<p>8/30/24 Cheese Pizza</p> <p>Featured Veggies: Tater Tots Baby Carrots Choice of Fruit Choice of Milk</p>
<p>9/9/24 Popcorn Chicken with Dinner Roll</p> <p>Featured Veggies: Peas and Carrots Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>9/10/24 Cheeseburger on a Bun</p> <p>Featured Veggies: Crinkle Cut Fries Broccoli Salad Choice of Fruit Choice of Milk</p>	<p>9/4/24 French Toast Sticks with Turkey Sausage</p> <p>Featured Veggies: Tater Tots Sliced Cucumbers Choice of Fruit Choice of Milk</p>	<p>9/5/24 Chicken Tenders with Dinner Roll</p> <p>Featured Veggies: Mixed Vegetables Celery Sticks with Ranch Choice of Fruit Choice of Milk</p>	<p>9/6/24 Stuffed Crust Pizza</p> <p>Featured Veggies: Mixed Vegetables Grape Tomatoes Choice of Fruit Choice of Milk</p>
<p>9/16/24 Mozzarella Sticks with Marinara</p> <p>Featured Veggies: Peas and Carrots Cauliflower Salad Choice of Fruit Choice of Milk</p>	<p>9/17/24 Chicken Quesadilla</p> <p>Featured Veggies: Crinkle Cut Fries Broccoli Choice of Fruit Choice of Milk</p>	<p>9/11/24 Mini Pancakes with Turkey Sausage Links and Syrup</p> <p>Featured Veggies: Tater Tots Baby Carrots Choice of Fruit Choice of Milk</p>	<p>9/12/24 Walking Tacos</p> <p>Featured Veggies: Mixed Vegetables Celery Sticks with Ranch Choice of Fruit Choice of Milk</p>	<p>9/13/24 Turkey Dog on a Bun</p> <p>Featured Veggies: Tater Tots Cherry Tomatoes Choice of Fruit Choice of Milk</p>
<p>9/23/24 Mini Corn Dogs with Dinner Roll</p> <p>Featured Veggies: Peas and Carrots Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>9/24/24 Bacon Cheese Burger</p> <p>Featured Veggies: Glazed Carrots Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p>9/18/24 Chicken Patty Sandwich</p> <p>Featured Veggies: Tater Tots Baby Carrots Choice of Fruit Choice of Milk</p>	<p>9/19/24 Pasta with Meatballs Garlic Bread</p> <p>Featured Veggies: Mixed Vegetables Celery Sticks with Ranch Choice of Fruit Choice of Milk</p>	<p>9/20/24 Cheese Pizza</p> <p>Featured Veggies: Tater Tots Garden Chickpea Salad Choice of Fruit Choice of Milk</p>
<p>9/30/24 Dutch Waffles with Turkey Sausage Links and Syrup</p> <p>Featured Veggies: Mixed Vegetables Celery Sticks with Ranch Choice of Fruit Choice of Milk</p>				<p>9/25/24 BBQ Ribby on a Roll</p> <p>Featured Veggies: Smiley Fries Baby Carrots Choice of Fruit Choice of Milk</p>
			<p>9/26/24 Chicken Patty Sandwich</p> <p>Featured Veggies: Celery Sticks with Ranch Choice of Fruit Choice of Milk</p>	<p>9/27/24 Turkey Hot Dog on a Bun</p> <p>Featured Veggies: Tater Tots Vegetarian Baked Beans Choice of Fruit Choice of Milk</p>

Centennial Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8/26/24	8/27/24	8/28/24	8/29/24	8/30/24
		Blueberry Muffin with Graham Crackers Apple Slices	Oatmeal Chocolate Chip Breakfast Bar Orange	Mini Cinnamon Rolls
		Choice of Milk	Choice of Milk	Banana Choice of Milk
9/2/24	9/3/24	9/4/24	9/5/24	9/6/24
No School 	Trix Cereal Bar	Coco Puffs Cereal	Chocolate Muffin with Graham Crackers Apple Slices	Cream Cheese Bagel
	100% Apple Juice	100% Grape Juice	Choice of Milk	Orange Choice of Milk
9/9/24	9/10/24	9/11/24	9/12/24	9/13/24
Pumpkin Breakfast Bread	Coco Puffs Cereal Bar	Trix Cereal	Blueberry Muffin with Graham Crackers Apple Slices	French Toast Breakfast Bar Orange
Banana	100% Apple Juice	100% Grape Juice	Choice of Milk	Choice of Milk
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
9/16/24	9/17/24	9/18/24	9/19/24	9/20/24
Blueberry Breakfast Bread	Cherry Frudel	Lucky Charms Cereal	Chocolate Chip Muffin with Graham Cracker Apple Slices	Cream Cheese Bagel
Banana	100% Apple Juice	100% Grape Juice	Choice of Milk	Orange Choice of Milk
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
9/23/24	9/24/24	9/25/24	9/26/24	9/27/24
Mini Cinnamon Rolls	Trix Cereal Bar	Cherry Frudel	Trix Cereal Bar	Blueberry Muffin with Graham Crackers Apple Slices
Banana	100% Apple Juice	100% Grape Juice	100% Apple Juice	Choice of Milk
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
9/30/24				
Oatmeal Chocolate Chip Breakfast Bar Orange		Breakfast is FREE for all students!		
Choice of Milk				

Student Breakfast - Free.

August-September

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
 Choice of fruit or vegetable
 (must take at least a 1/2 cup)
 and

Choice of Milk
 Choice of Milk - 1% white, fat-free
 white, Fat Free chocolate,
 You must take at least 1/2 cup of
 fruit or vegetable

Fruit May Include:

Canned peaches, applesauce,
 pears, pineapple, fruit cocktail,
 mandarin oranges, 100% juice
 (apple, orange), fresh fruit
 selection including apples,
 bananas and oranges

Whole Grain Cereal Bar Selection May Include:

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Fruity Cheerios
- Cheerios
- Fruit Loops

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